

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">May 2019</h1> <p style="text-align: center;">Cardigan Nursing & Rehabilitation Center</p>			<p>1</p> <p>9:15 Wake Up w Ruthy 10:30 Rosary Group 10:45 Mid-week Stretch 1:30 Garden Club 4:00 Café A La Carte</p> <p style="text-align: center;"><small>May Day</small></p>	<p>2</p> <p>9:15 Wake Up w Ruthy 10:45 Pop Quiz Trivia 1:30 Yoga with Rita 3:00 Manicures 4:00 Café A La Carte</p>	<p>3</p> <p>9:15 Wake Up w Ruthy 10:30 Grand Buddies 1:30 Bingo 3:00 Movie Matinee 4:00 Coffee Cart</p>	<p>4</p> <p>9:15 Morning Group 10:45 Exercise Group 1:30 Sanctuary of Marshfield 3:00 Coffee Talk</p>
<p>5</p> <p>Nurses Week May 6 - 12</p> <p style="text-align: center;"><small>Cinco de Mayo</small></p>	<p>6</p> <p>10:45 Head-To-Toe Exercise 1:15 Ice Cream Truck 2:00 Memory Lane Singers 3:00 Hand Massage 4:00 Café A La Carte</p> <p style="text-align: center;"><small>Ramadan</small></p>	<p>7</p> <p>9:15 Wake Up w Ruthy 10:30 Art Class w Paul C. 1:30 Bingo 3:00 Communion 4:00 Café A La Carte</p>	<p>8</p> <p>9:15 Wake Up w Ruthy 10:30 Rosary Group 10:45 Mid-week Stretch 1:30 Garden Club: Brunch Centerpieces 4:00 Café A La Carte Third Shift Workers Day</p>	<p>9</p> <p>9:15 Wake Up w Ruthy 10:45 Pop Quiz Trivia 1:30 Yoga with Rita 3:00 Manicures 4:00 Café A La Carte</p>	<p>10</p> <p>9:15 Wake Up w Ruthy 10:45 Physical Friday 1:30 Bingo 3:00 Movie Matinee 4:00 Coffee Cart</p>	<p>11</p> <p>Mothers and Fathers Brunch 11:30</p> 
<p>12</p> <p>National Nursing Home Week 12th ~ 18th Live Soulfully</p> <p>HAPPY Mother's DAY</p>	<p>13</p> <p>10:45 Head-To-Toe Exercise 1:30 Lady Ann & Ice 3:00 Hand Massage 4:00 Café A La Carte</p>	<p>14</p> <p>9:15 Wake Up w Ruthy 10:45 Trivial Tuesday 1:30 Bruce Pratt 3:00 Communion 4:00 Café A La Carte</p>	<p>15</p> <p>9:15 Wake Up w Ruthy 10:30 Rosary Group 10:45 Mid-week Stretch 1:30 Cooking with Soul 6:15 Sing Along with Paul Corenella</p>	<p>16</p> <p>9:15 Wake Up w Ruthy 10:45 <i>Resident Council</i> 1:30 Art & Soul Rock Painting 3:00 Manicures 4:00 Café A La Carte</p>	<p>17</p> <p>9:15 Wake Up w Ruthy 10:30 Grand Buddies 1:30 Soulful Snacks: Nice Cream and Soulful Dough 3:00 Movie Matinee 4:00 Coffee Cart</p>	<p>18</p> <p>9:15 Morning Group 10:45 Yoga w Rita 1:30 Rick Walsh 3:00 Coffee Talk</p> <p style="text-align: center;"><small>Armed Forces Day</small></p>
<p>19</p>	<p>20</p> <p>10:45 Head-To-Toe Exercise 1:15 Ice Cream Truck 1:30 Word Games 3:00 Hand Massage 4:00 Café A La Carte</p> <p style="text-align: center;"><small>Victoria Day (Canada)</small></p>	<p>21</p> <p>9:15 Wake Up w Ruthy 10:45 Trivial Tuesday 1:30 Resident Birthday Party w Bill Burke 3:00 MASS 4:00 Café A La Carte</p>	<p>22</p> <p>9:15 Wake Up w Ruthy 10:30 Rosary Group 10:45 Mid-week Stretch 1:30 Bingo 3:00 Season Sensory 4:00 Café A La Carte</p>	<p>23</p> <p>9:15 Wake Up w Ruthy 10:45 Pop Quiz Trivia 1:30 Yoga with Rita 3:00 Manicures 4:00 Frank Ryan</p>	<p>24</p> <p>9:15 Wake Up w Ruthy 10:45 Physical Friday 1:30 Bingo 3:00 Movie Matinee 4:00 Coffee Cart</p>	<p>25</p> <p>9:15 Morning Group 10:45 Trivia 1:30 Richie Berns 3:00 Coffee Talk</p>
<p>26</p>	<p>27</p> <p>10:45 Head-To-Toe Exercise 1:30 Word Games 3:00 Hand Massage 4:00 Café A La Carte</p> <p style="text-align: center;"><small>Memorial Day</small></p>	<p>28</p> <p>9:15 Wake Up w Ruthy 10:45 Trivial Tuesday 1:30 Bingo 3:00 Communion 4:00 Café A La Carte</p>	<p>29</p> <p>9:15 Wake Up w Ruthy 10:30 Rosary Group 10:45 Mid-week Stretch 1:30 Sigy Moller 3:00 Season Sensory 4:00 Café A La Carte</p>	<p>30</p> <p>9:15 Wake Up w Ruthy 10:45 Pop Quiz Trivia 1:30 Range of Motion 3:00 Manicures 4:00 Café A La Carte</p> <p style="text-align: center;">Restaurant Outing</p>	<p>31</p> <p>9:15 Wake Up w Ruthy 10:45 Grand Buddies 2:00 O.P.A.L.S. 3:00 Movie Matinee 4:00 Coffee Cart</p>	